

Co-Organized by:

DEPARTMENT OF CLINICAL AND  
EXPERIMENTAL MEDICINE  
UNIVERSITY OF FLORENCE, ITALY

FONDAZIONE  
INTERNAZIONALE MENARINI  
FLORENCE, ITALY

SAINT CAMILLUS UNIVERSITY  
OF HEALTH AND  
MEDICAL SCIENCES,  
ROME, ITALY

Endorsed by:

  
**SICGe**  
Società Italiana di Cardiologia Geriatrica



ROME, ITALY

13<sup>th</sup>-14<sup>th</sup> FEBRUARY

2020

# INTERNATIONAL CONGRESS OF GERIATRIC CARDIOLOGY

*Open problems in the treatment of  
cardiovascular diseases in older persons*

Venue: Angelicum Centro Congressi



FONDAZIONE  
INTERNAZIONALE  
MENARINI



## **RATIONALE**

Cardiovascular and cerebrovascular diseases nowadays occur in patients who are on average 15-20 years older than those enrolled in trials used to build international guidelines. Therefore, cardiologists feel the need to confront with geriatricians and gerontologists in order to define multimorbidity, frailty and disability and choose the best therapeutic options to select an individually tailored management, in which quality of life and functional independence are considered to be more valuable goals than life expectancy.

The main issues of Geriatric Cardiology will be discussed in the International Congress following a multidisciplinary approach and, for each issue, the gaps between guidelines and real clinical practice will be highlighted, with an attempt at filling such gaps through the production of shared consensus statements.

In accordance with this general goal, the international speakers will be asked to provide the key elements that are needed to best assess the risk / benefit ratio of therapeutic strategies in multiple areas of cardio- and cerebrovascular diseases in older persons. The main topics will be arterial hypertension, heart failure, atrial fibrillation, stroke, ischemic heart disease, structural cardiology and cardiac surgery and electrical therapy of cardiac diseases.

## **METHOD OF THE MEETING**

The meeting will be as interactive as possible, with round tables and formal lectures. International expert panelists will be invited to provide short (fifteen minutes) lectures to highlight each hot topic, in order to promote the discussion with the rest of the panel and the attendees. Two coordinators will moderate the discussion in each session, and will promote the interaction of attendees through social apps such as WhatsApp.

At the end of the meeting, the coordinators of each session will produce take-home messages that will include the consensus statements for each topic.

**CO-PRESIDENTS OF THE MEETING:**

**Alessandro Boccanelli, Niccolò Marchionni e Andrea Ungar**

# PROGRAMME

## DAY 1 - FEBRUARY 13<sup>TH</sup> 2020 - MORNING

08.00 a.m.	Welcome coffee and registration of participants
08.45 a.m.	Welcome address: <b>Alessandro Boccanelli, Niccolò Marchionni e Andrea Ungar</b>
09.00 a.m. 11.00 a.m.	<b>SESSION I - CARDIOVASCULAR PREVENTION IN THE ELDERLY</b>
Coordinators:	<b>Giuseppe Mancia</b> (Milan, IT) <b>Andrea Ungar</b> (Florence, IT)
	<ul style="list-style-type: none"><li>- <i>Hypertension in the elderly:</i> <b>Giuseppe Mancia</b> (Milan, IT)</li><li>- Intensive treatment. Why, when? <b>Athanase Benetos</b> (Nancy, FR)</li><li>- Non-aggressive treatment: to be preferred in the frail elderly? <b>Roland Thijs</b> (Leiden, NL)</li><li>- Hypotension and brain damage. <b>Marcello Arca</b> (Rome, IT)</li><li>- Hypercholesterolemia: a risk factor also at older age? <b>Edoardo Mannucci</b> (Florence, IT)</li><li>- Diabetes in the elderly: which are the targets?</li></ul>
10.15 a.m. 11.00 a.m.	General discussion
11.00 a.m. 11.30 a.m.	Coffee Break
11.30 a.m. 12.30 p.m.	<b>LECTURES</b>  Chairperson: <b>Pierfranco Terrosu</b> (Sassari, IT)  <b>Franz Messerli</b> (New York, NY, US) <ul style="list-style-type: none"><li>- How heart disease has changed over the last 40 years.</li></ul> <b>Renzo Rozzini</b> (Brescia, IT) <ul style="list-style-type: none"><li>- The lexicon of geriatrics for cardiologists.</li></ul>
01.00 p.m. 02.00 p.m.	Lunch

## DAY 1 - FEBRUARY 13<sup>TH</sup> 2020 - AFTERNOON

02.00 p.m.  
04.00 p.m.

### SESSION II - HEART FAILURE IN THE ELDERLY

Coordinators:	<b>Alessandro Boccanelli</b> (Rome, IT) <b>Filippo Crea</b> (Rome, IT)
	<b>Michele Senni</b> (Bergamo, IT) - Heart failure phenotypes. <b>Piergiuseppe Agostoni</b> (Milan, IT) - Cardiac amyloidosis in the elderly. <b>Michele Emdin</b> (Pisa, IT) - Heart failure in the elderly: from bench to bedside. <b>Richard Sutton</b> (London, UK) - Resynchronization therapy in the elderly with heart failure. <b>Massimo Pistolesi</b> (Florence, IT) - The crosstalk between COPD and heart failure.
03.15 p.m. 04.00 p.m.	General discussion
04.00 p.m. 04.30 p.m.	Coffee Break

04.30 p.m.  
06.30 p.m.

### SESSION III - ATRIAL FIBRILLATION

Coordinators:	<b>Leonardo Calò</b> (Rome, IT) <b>Raffaele Antonelli Incalzi</b> (Rome, IT)
	<b>Irina Savelieva</b> (London, UK) - AF in older women: does gender make a difference? <b>Giuseppe Boriani</b> (Modena, IT) - Silent and subclinical AF. <b>Stefano Fumagalli</b> (Florence, IT) - Anticoagulation in the elderly: difficult choices in frail patients. <b>Mario Bo</b> (Turin, IT) - How to manage AF patients after major bleedings. <b>Tatjana Potpara</b> (Birmingham, UK) - Therapeutic choices in geriatric syndromes: how clinical trials and real world data can help everyday practice.
05.45 p.m. 06.30 p.m.	General discussion

## DAY 2 - FEBRUARY 14<sup>TH</sup> 2020 - MORNING

09.00 a.m.  
11.00 a.m.

### SESSION IV - SYNCOPE, UNEXPLAINED FALLS AND ARRHYTHMIAS

Coordinators:	<p><b>Paolo Alboni</b> (Ferrara, IT) <b>Michele Brignole</b> (Lavagna, IT)</p>
	<p><b>Michele Brignole</b> (Lavagna, IT) - Syncope Guidelines 2018, an overview. <b>Andrea Ungar</b> (Florence, IT) - Syncope and unexplained falls in the elderly. <b>Richard Sutton</b> (London, UK) - Cardiac pacing in vasovagal syncope: an update. <b>Massimo Tritto</b> (Bari, IT) - Ventricular arrhythmias and ablation in the elderly. <b>Francesco Vetta</b> (Rome, IT) - ICD in the frail elderly and the oldest old.</p>
10.15 a.m. 11.00 a.m.	General discussion
11.00 a.m. 11.30 a.m.	Coffee Break

11.30 a.m.  
01.30 p.m.

### SESSION V - INTERVENTIONAL CARDIOLOGY

Coordinators:	<p><b>Ciro Indolfi</b> (Catanzaro, IT) <b>Niccolò Marchionni</b> (Florence, IT)</p>
	<p>- Severe aortic stenosis TAVR or SAVR? <b>Alain Cribier</b> (Rouen, FR) - TAVR <b>Pierluigi Stefàno</b> (Florence, IT) - SAVR <b>Robert Bonow</b> (Chicago, IL, US) - Mitral regurgitation: clip, surgery or nothing? <b>Riccardo Cappato</b> (Milan, IT) - LAA closure: IIB or not IIB? <b>Stefano Bianchi</b> (Rome, IT) - AF in the elderly: ablation vs. ablate-and-pace.</p>
12.45 p.m. 01.30 p.m.	General discussion
01.30 p.m. 02.30 p.m.	Lunch
02.30 p.m. 03.30 p.m.	<p><b>LECTURES</b></p> <p>Chairperson: <b>Giuseppe Palazzo</b> (Catania, IT)</p> <p><b>Manuel Martínez-Sellés</b> (Madrid, ES) - Brain embolism beyond atrial fibrillation. <b>Niccolò Marchionni</b> (Florence, IT) - Undertreatment of older cardiac patients: ageism or choosing wisely?</p>

## DAY 2 - FEBRUARY 14<sup>TH</sup> 2020 - AFTERNOON

03.30 p.m.

05.30 p.m.

### **SESSION VI - MANAGING THE COMPLEXITY: JUMPING INTO THE (NEXT) FUTURE**

Coordinators:	<b>Roberto Bernabei</b> (Rome, IT) <b>Lorenzo Palleschi</b> (Rome, IT)
	<b>Rose Anne Kenny</b> (Dublin, IE) - Social determinants of health in elderly people with cardiovascular diseases. <b>Luigi Ferrucci</b> (Bethesda, Washington DC, US) - Is frailty a reversible condition? <b>Enrico Mossello</b> (Florence, IT) - Health and mind in older persons. <b>Marco Trombetti</b> (Rome, IT) - Artificial Intelligence: potential applications in geriatric cardiology
04.45 p.m. 05.30 p.m.	General discussion
05.30 p.m. 07.00 p.m.	Take-Home Messages & Concluding Remarks

## FACULTY

**Piergiuseppe Agostoni** (Milan, IT)

**Paolo Alboni** (Ferrara, IT)

**Raffaele Antonelli Incalzi** (Rome, IT)

**Marcello Arca** (Rome, IT)

**Athanasios Benetos** (Nancy, FR)

**Roberto Bernabei** (Rome, IT)

**Stefano Bianchi** (Rome, IT)

**Mario Bo** (Turin, IT)

**Alessandro Boccanelli** (Rome, IT)

**Robert Bonow** (Chicago, IL, US)

**Giuseppe Boriani** (Modena, IT)

**Michele Brignole** (Lavagna, IT)

**Leonardo Calò** (Rome, IT)

**Riccardo Cappato** (Milan, IT)

**Filippo Crea** (Rome, IT)

**Alain Cribier** (Rouen, FR)

**Michele Emdin** (Pisa, IT)

**Luigi Ferrucci** (Bethesda, Washington DC, US)

**Stefano Fumagalli** (Florence, IT)

**Ciro Indolfi** (Catanzaro, IT)

**Anne Kenny Rose** (Dublin, IE)



## FACULTY

**Giuseppe Mancia** (Milan, IT)

**Edoardo Mannucci** (Florence, IT)

**Niccolò Marchionni** (Florence, IT)

**Manuel Martínez-Sellés** (Madrid, ES)

**Franz Messerli** (New York, NY, US)

**Enrico Mossello** (Florence, IT)

**Giuseppe Palazzo** (Catania, IT)

**Lorenzo Palleschi** (Rome, IT)

**Massimo Pistolesi** (Florence, IT)

**Tatjana Potpara** (Birmingham, UK)

**Renzo Rozzini** (Brescia, IT)

**Irina Savelieva** (London, UK)

**Michele Senni** (Bergamo, IT)

**Pierluigi Stefàno** (Florence, IT)

**Richard Sutton** (London, UK)

**Pierfranco Terrosu** (Sassari, IT)

**Roland Thijs** (Leiden, NL)

**Massimo Tritto** (Bari, IT)

**Marco Trombetti** (Rome, IT)

**Andrea Ungar** (Florence, IT)

**Francesco Vetta** (Rome, IT)

## GENERAL INFORMATION

### MEETING VENUE

#### Angelicum Centro Congressi

Largo Angelicum, 1 - Rome, Italy

### REGISTRATION HOURS

Thursday, February 13<sup>th</sup>: 08.00 a.m. – 06.30 p.m.

Friday, February 14<sup>th</sup>: 08.00 a.m. – 07.00 p.m.

### OFFICIAL LANGUAGE

English. Simultaneous translation will not be provided.

### REGISTRATIONS

For more information and to register please visit the following website:

[www.en.fondazione-menarini.it/Home/Events/International-Congress-of-Geriatric-Cardiology/702/Presentation](http://www.en.fondazione-menarini.it/Home/Events/International-Congress-of-Geriatric-Cardiology/702/Presentation)

### ORGANIZING SECRETARIAT

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### TECHNICAL FACILITIES

A Slide Centre with PCs (Windows and Macintosh operating systems) will be available for Speakers to preview and finalise their presentations. Speakers are kindly requested to submit their presentations on USB flash drive to the Slide Centre technicians at least one hour before their talks.

### SLIDE CENTRE OPENING HOURS

Thursday, February 13<sup>th</sup>: 08.00 a.m. – 06.30 p.m.

Friday, February 14<sup>th</sup>: 08.00 a.m. – 07.00 p.m.

### LUNCH AND COFFEE BREAKS

Lunch and coffee breaks will be provided at the Conference.

### ATTENDANCE CERTIFICATE

The attendance certificate will be provided on-site upon request at the Registration Desk.

### ABSTRACT BOOK

Participants will receive the Abstract Book at the Meeting.





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